



America Down Under **Cross Country**

The ADU Cross Country Championships are an annual event to be hosted annually Downunder. You will compete against competitive athletes, experience international rivalry and develop friends for life. Cross Country is more than a sport; it's a life altering experience and ADU is challenging you to test your cross country ability downunder.

Athletes will not only compete in Australia, but will visit Australia's favorite holiday destination, the sunny Gold Coast, as well as stay in the world renowned 'Surfers Paradise' (twice voted world's #1 Beach by the Discovery Channel) but will enjoy the opportunity to learn about Australia by experiencing Australia's beauty, culture, sites and sounds, in a fantastic tropical setting.

Then it's on to stunning New Zealand to compete in the ADU Cross Country Championships, experience, thrilling adventure activities, have a firsthand experience of the indigenous Maori culture and undertake amazing sightseeing opportunities.

Face off with athletes from Downunder to determine the best and bring home the title of ADU Cross Country Champion.

Format

The athletes will compete in individual and team competition. The teams will be coached by High School coaches who apply for the coaching positions during the winter and spring months and will be selected based on similar criteria to which the athletes are selected.

Teams

ADU Coaching Staff work to ensure a level playing field in the formation of dual teams.

Officials

ADU Cross Country Officials all carry proper accreditation.

