



America Down Under **Wrestling**

"HARD WORK BEATS TALENT WHEN TALENT DOESN'T WORK HARD"

Wrestling is one of the biggest sports in the world today and America Downunder is proud to offer athletes the opportunity to be an ambassador for the sport, showcase their skills and battle against international teams in the ADU Wrestling Championships hosted in New Zealand. You will experience international competition that will test your ability to the max, can you bring home the title of winner of the 2010 ADU Wrestling Championships?

Athletes will not only train at Australia's favourite holiday destination, the sunny Gold Coast, as well as stay in the world renowned 'Surfers Paradise' (twice voted world's #1 Beach by the Discovery Channel) but will enjoy the opportunity to learn about Australia by experiencing Australia's beauty, culture, sites and sounds, in a fantastic tropical setting.

Then it's on to stunning New Zealand to compete in the ADU wrestling Championships, experience thrilling adventure activities, have a firsthand experience of the indigenous Maori culture and undertake amazing sightseeing opportunities.

For the time of your life in 2010, make DOWNUNDER your GOAL

Format

The athletes will compete in individual and dual team competition. The teams will be coached by High School coaches who apply for the coaching positions during the winter and spring months and will be selected based on similar criteria to which the athletes are selected.

Teams

ADU Coaching Staff work to ensure a level playing field in matching opponents as well as the formation of dual teams.

Officials

ADU Wrestling Officials are comprised of US, Australian and New Zealand qualified judging officials with proper accreditation.

