



about

# AUSTRALIA AND NEW ZEALAND

Australians and New Zealanders love Americans and make for a great destination for you to travel to and make new friends.

## Location

Australia and New Zealand are located in the South Pacific. Flights from Los Angeles to Auckland, New Zealand takes approximately 12 hours of flying time. From Auckland, New Zealand it takes approximately 3.5 hours to fly to Brisbane, Australia.



## Passport

To enter Australia / New Zealand you need a passport valid for at least six months after the date of your departure.

## Visa

ADU will arrange your visa closer to departure date once you have your passport.

## Arrival Documents

Upon arrival you will need to complete an arrival card and customs declaration form for Australian Customs Authority (issued on the plane by flight crew, please complete these forms on the plane and store them with your passport and airline ticket). The same process will apply for the New Zealand Customs Authority.

## Customs

Each visitor to Australia and New Zealand cannot bring in prohibitive substances or goods. These will be outlined on your customs declaration form, please read this and if you have any questions then talk to your coach or the customs officer. Do not sign the form if you are unsure about any items you may have that may be prohibited without checking with your coach or the customs agent first. Penalties for not declaring prohibited items are severe.

## Baggage Inspection

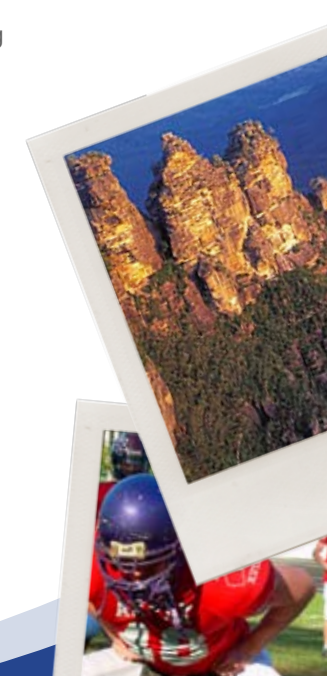
Upon arrival at Australian and New Zealand airports, customs officers may carry out random bag inspections.

## Climate

Australia and New Zealand's seasons are opposite to the USA.

- Spring is September to November
- Summer is December to February
- Fall is March to May
- Winter is June to August

On the Gold Coast, Australia you will be in a sub tropical zone. In NZ you will be in the temperate zone, which is slightly cooler. Australia and New Zealand seasons are opposite to the USA.



## Clothing – what do I need?

- Australia and New Zealand are reasonably casual countries, which are reflected in the locals' attire.
- To be prepared for any weather, use the layer system. Wear a t-shirt, but carry a fleece and lightweight waterproof jacket in a daypack so you're ready for all conditions.
- Swimming attire and sunhats.
- Comfortable walking shoes are a must. And it is always wise to bring something smarter for a special occasion.

## Financial services (Banks and currency)

Australian and New Zealand banks will change US dollars for Australian and New Zealand currency. Credit cards will work in most places. Travellers cheques are best changed at a bank to ensure you get charged less commission. Please ensure that your travelers cheques are made out in Australian and New Zealand currency. Western Union is available in Australia and New Zealand.

## Electrical Appliances

Australia and New Zealand has 220-240 V; 50Hz with plugs that have angled pins. You will need a converter or transformer to run USA appliances on the Australian and New Zealand power system.

## What's with this losing a day thing?

On the way to Australia you'll skip a day on the calendar when you cross the international dateline, but the reverse happens on the way back so you really haven't lost anything. Here's how it works: If you leave the US on a Monday, you'll arrive in Australia on Wednesday. If you leave Australia on a Monday you'll arrive back in the US on Monday, the same day.

## Food and Beverages

Tap water is safe to drink.

Australia and New Zealand have a broad range of foods that you will like. In Australia Seafood is a specialty and in New Zealand Lamb is a specialty. Make sure you try the fish and chips and the meat pies - they are delicacies and a new experience.

McDonald's, BK are all there - there is something for every palate!

## Health and Safety

- Australia and New Zealand have a complete range of specialists for accidents and emergencies and you will be well looked after if needed.
- Our insurance policy covers you should you require medical treatment.
- Emergency services telephone contact details - Australia 000 and in New Zealand 111.
- Pharmacies / Chemists are readily available for counter remedies but can only supply prescription medicines that are provided or endorsed by an Australian or New Zealand Doctor.

## Transport

Rental Cars, Taxis, Trains, Ferrys, and Buses are readily available in all cities and provide easy access to explore Australia and New Zealand.

